

## Group Class Descriptions



**AGE 3 - 5**

The Blue Hot Shots Tennis Class is designed for young players ready to build on their foundational skills. Focusing on rallying, serving, and gameplay, this class uses fun drills and games to enhance technique and confidence



**AGE 5 - 8**

Designed for the youngest players, this level focuses on fundamental skills. Using smaller courts, lighter racquets, and low-compression balls, kids learn basic techniques, footwork, and hand-eye coordination through fun games and activities uses fun drills and games to enhance technique and confidence.



**AGE 8 - 10**

At this stage, players transition to slightly larger courts and use orange balls, which are still low-compression but faster than red balls. The emphasis is on refining basic strokes, understanding court positioning, and playing simple matches to build confidence and enjoyment.



**AGE 10 - 12**

This level introduces full-sized courts and green balls, which are 25% slower than regular tennis balls. Players continue to develop their skills, learn tactical play, and participate in more competitive matches, emphasizing both technique and strategy.



**AGE 12+**

Players at this level are ready to use standard yellow balls and play on full-sized courts. Focus shifts to advanced techniques, competitive match play, and mental strategies. Players refine their skills and prepare for tournaments, fostering both individual growth and teamwork.



**ADVANCED**

Designed for dedicated players, these classes focus on advanced techniques and competitive play. Participants engage in rigorous drills and match preparation, guided by experienced coaches to elevate their skills in a supportive environment.